

Lorrie Hess

Motivational Speaker

2,190 miles on foot. For six solid months, everything she needed to survive Lorrie carried on her back and in her heart. She completed the Appalachian Trail, fulfilled a lifelong dream, and finished with a fresh perspective on what it takes to reach goals. Her thoughtful and frequently funny stories will inspire you to set your own goals, follow your dreams and give you tools you need to find your own success.

“More Than Footsteps”

One heartbeat after another provides the drive to overcome challenges and be successful.

Your age and ability do not determine success. It's your willingness to keep going and growing that turn dreams into reality.

- The path won't change to suit you
- Strangers will help you succeed
- Yes, it will hurt along the way
- Your best is more than good enough
- Friends make the journey more fun

(Topic can be adapted as a break-out session.)

“Lessons From The Trail”

Hiking mountains gives you a different view. Reach your professional and leadership goals with entertaining insights from the trail.

- Everything can be delegated except footsteps
- Mice are a bigger problem than bears
- Not certain you're on track? Maybe you're not
- Consistency matters more than speed
- Leveraging your team doesn't compromise your commitment

(Topic can be adapted as a break-out session.)



Phone: 830-998-2722

Email: lorriehess@live.com

Website: www.lorriehess.com

Lorrie is based in Fredericksburg, TX

“Lorrie always considers her audience, and as a result connects with them. Her attitude and life experience give her a set of core values worth listening to. I highly recommend Lorrie as a speaker.”

**~Linda Williams
Retired Principal**

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"I like to challenge people to reach for what is important, and show them they have what it takes to be more successful in life."

~Lorrie Hess

Background

- 29 years Professional Speaking experience: Corporate Trainer, Motivational Speaker, Trade Show Speaker, and Financial Strategies Speaker
- Business and Life Coach since 2006
- ATM-Gold, Toastmasters International
- Financial Planning & Investing Business Owner
- Corporate Project Leader & Account Manager
- Master of Business Administration, Finance
- Certified Financial Planner®, since 1997



Speaking Testimonials

"Lorrie Hess was absolutely phenomenal. She came out and engaged the audience, brought up the enthusiasm and energy level and set a great tone for our event." ~Melissa Hughes, Fredericksburg Chamber of Commerce

"The speech was thought provoking and positive. It was a great delivery and the tone and topics were great." ~Keya Murdock, U.S. District Court, Eastern District of Missouri

"They were just the right words to make a difference!" ~ Della Zey, Fredericksburg ISD

"Lorrie Hess is an amazing trade show presenter because she really engages her audience" ~ Susan Alves, Cyber-Ark Software

"I feel like this was a good use of my time. I will take valuable information from this seminar and apply it to my everyday life." ~ Shanese Lochte, Retail Store Owner

"What I liked most was the wisdom of the speaker to understand the concepts she shared". ~Don D'Agostino, U.S. District Court

"We greatly appreciate your timely topic and incredible delivery. You inspire us!" ~ Penny Guerra, Financial Women in Texas

Organizational Affiliations

- Fredericksburg ISD Trustee, 2008-2017
- Financial Women in Texas, 1997-2018
- Toastmasters International, 1997-2018
- Morning Rotary Club of Fredericksburg
- FISD Community Education Board
- Leadership Tx Assoc. School Boards, Class of '13
- Gillespie County Leadership, Class of '98